

Kelsey Smith Foundation, Inc.

DATE RAPE URBAN LEGENDS

“Women ask for sex by the way they dress and act.”

No one asks to be sexually assaulted. The way a person dresses or acts are not the same thing as consent.

“Most sexual assaults are committed by strangers, at night and in isolated locations.”

Based on the National Crime Victimization Survey (NCVS) 69% of sexual assaults are committed by someone the victim knows, & occur with nearly the same frequency regardless of time of day or night. 78% occur in the victim’s home, an acquaintance’s home or at school.

“Only women can be raped.”

FBI statistics and estimates are that 1 in 10 males are the victims of sexual assault. The number is higher for male children with some researchers estimating that 7 out of 10 are sexually assaulted.

“She said no, but she didn’t mean it.”

No means no. It doesn’t matter if you are married, dating or casual friends. Forcing someone to have sex is a crime.

The Kelsey Smith Foundation, Inc. is a 501 (c)(3) not-for-profit public charity.

Kelsey Smith
Foundation, Inc.



www.kelseysarmy.org

DATE RAPE AWARENESS



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What to do When Someone you Know has Been the Victim of Date Rape

It is important to not be judgmental of a victim of date rape. Communicate with them sincerely and positively.

- ⇒ **BE A GOOD LISTENER**
- ⇒ **LET THE VICTIM MAKE HIS OR HER OWN CHOICES**
- ⇒ **RESPECT THE VICTIM'S CONFIDENTIALITY**
- ⇒ **TRY TO MINIMIZE THE NUMBER OF TIMES THE VICTIM MUST TELL WHAT HAPPENED**

Above all build a sense of trust and safety with the survivor of the assault.

Encourage the victim to notify the police.

If you are a Victim of Date Rape

- ⇒ **NOTIFY THE POLICE AS SOON AS POSSIBLE & SEEK MEDICAL ATTENTION**
- ⇒ **DO NOT WASH, SHOWER, DOUCHE, OR CHANGE CLOTHES!**
VALUABLE EVIDENCE COULD BE LOST.
- ⇒ **IF YOU THINK YOU WERE VICTIMIZED WHILE UNDER THE INFLUENCE OF DATE RAPE DRUGS, TRY NOT TO URINATE BEFORE PROVIDING A URINE SAMPLE. COLLECT ANY GLASSES, CUPS OR DRINKS YOU HAD, IF POSSIBLE & GIVE THEM TO POLICE.**
- ⇒ **DON'T IGNORE WHAT HAPPENED OR BLAME YOURSELF. YOU ARE THE VICTIM OF A CRIME – NOT AN ACCOMPLICE TO ONE.**
- ⇒ **CALL THE 24 hour RAPE HOTLINE (1.800.656.HOPE) AND/OR SEEK COUNSELING.**

Preventing Date Rape

- ⇒ **ALWAYS TELL SOMEONE WHERE YOU ARE GOING AND WHEN YOU WILL BE HOME. IF YOU CHANGE LOCATIONS, LET THEM KNOW.**
- ⇒ **FOLLOW YOUR INSTINCTS. IF A PLACE OR PERSON MAKES YOU FEEL UNEASY, GET OUT! CALL A FRIEND OR PARENT TO COME GET YOU.**
- ⇒ **CONSIDER DOUBLE DATING ON A "FIRST DATE" & GO TO A PUBLIC PLACE.**
- ⇒ **DON'T ACCEPT BEVERAGES FROM SOMEONE YOU DON'T KNOW. DO NOT LEAVE YOUR DRINK UNATTENDED.**
- ⇒ **ALCOHOL & DRUGS INTERFERE WITH YOUR ABILITY TO MAKE SAFE CHOICES.**